DIETNT-151: Nutrition for Dietetics

Course Description:

This course is a study of nutrients and the nutritional care process, including application to a clinic/lab supervised by a qualified preceptor. This course meets the nutrition care requirement of the Dietary Manager program.

Total Credits: 4.00

Course Competencies

1. Determine the relationship between nutrition, lifestyle and chronic health problems.
2. Identify basic nutrition concepts.
3. Use basic nutrition principles.
4. Describe the process of digestion.
5. Compare the nutrition needs of the life cycle.
6. Explore the basic concepts of medical nutrition therapy.
7. Explore alternative therapies.
8. Conduct nutritional screening.
10. Interpret nutritional data.
11. Document nutrition data in the medical record.
12. Communicate client information to other health care professionals.
13. Plan menu and modifications using food guides.
15. Evaluate effectiveness of care plan.
16. Implement Continuous Quality Improvement.
17. Participate in regulatory agency surveys.
18. Provide appropriate meal service.
19. Adapt teaching to client educational needs.