

Community Health and Nutrition Navigator

PROGRAM CODE: 10-539-3



Associate Degree



Location: Downtown Milwaukee Campus

Start Dates: August and January

Admission Requirement: High school diploma or equivalent

Financial Aid Eligible: Yes. Use code 003866 at fafsa.gov.

Program Description

A community health and nutrition navigator is a frontline public health worker who, as a trusted member of the community, serves as a liaison to connect people to medical providers and community resources for health and nutrition needs.

Career Outlook

The world of healthcare today is complex and there is a need for frontline health workers with expertise and experience in assisting individuals and communities to navigate the healthcare system and encourage self-care advocacy.

Program Learning Outcomes

- Provide information and refer patients, based on the identified barriers and needs, to appropriate resources and services available to the patient.
- Communicate effectively with the healthcare team, diverse patient populations and their families to achieve common health and nutrition goals.
- Apply foundational health and nutrition knowledge to ensure safe, competent, and effective services.



Complete Program Details

QUESTIONS? 414-297-6263, 262-238-2281 or healthpathway@matc.edu

COURSES

CREDITS

BIOSCI-189	Basic Anatomy	3
ENG-195	Written Communication ‡	3
	(or) ENG-201 English 1 ‡	
HEALTH-101	Medical Terminology ^	3
HEALTH-104	Contemporary Healthcare Practices ^	2
HEALTH-110	Basic Nutrition for Health Professionals	1
HEALTH-112	Introduction to Public Health	3
CHNN-202	Healthcare Delivery ‡	3
DIETNT-102	Public Health Nutrition ‡	3
ENG-196	Oral/Interpersonal Communication ‡	3
	(or) SPEECH-201 Elements of Speech	
HEALTH-107	Digital Literacy for Healthcare ^	2
HIT-182	Human Disease for the Health Professions ‡	3
CHNN-203	Prevention and Community Health ‡	3
DIETNT-155	Community Nutrition ‡	3
DIETNT-156	Nutrition in the Life Cycle ‡	2
DIETNT-170	Nutritional Counseling Skills ‡	2
MATH-189	Introductory Statistics	3
	(or) MATH-260 Basic Statistics ‡	
SOCSCI-103	Think Critically and Creatively	3
CHNN-206	Experiential Practice 1	2
CHNN-207	Experiential Practice 2	3
ELECTIVES	(Two credits)	2
PSYCH-199	Psychology of Human Relations	3
	(or) Any 200-level PSYCH course	
SOCSCI-166	Introduction to Ethics: Theory and Application	3
	(or) Any 200-level SOCSCI course	
SOCSCI-172	Introduction to Diversity Studies	3
	(or) Any 200-level SOCSCI course	

CREDITS

Total credits needed to complete this degree

61

‡ Prerequisite required.

^ Counts toward earning the Healthcare Customer Service certificate.

Program curriculum requirements are subject to change.

Current MATC students should consult their Academic Program Plan for specific curriculum requirements.

MATC courses are offered in person, entirely online or partially online.

Check each course's delivery options in Self-Service at selfservice.matc.edu.