



Academic & Career Pathways
MILWAUKEE AREA *Technical College*

Healthcare Program Map

Location:
Online

Program Code:
30-546-1

Offering:
In-Person

Degree Type:
Technical Diploma

Start Dates:
August/January

Total Credits:
19

RELATED PROGRAMS

- Physical Therapist Assistant
- Occupational Therapy Assistant

QUESTIONS?

Healthcare Pathway
262-238-2281 or 414-297-6263
healthpathway@matc.edu

Enhanced Yoga Instructor Program

1. Technical Courses

Semester 1

- (1) EYI-101
- (1) EYI-110
- (1) EYI-120
- (1) EYI-130

FALL/SPRING

- History and Foundations of Yoga
- Functional Movement
- Asana, Sequencing and Structure
- Mindfulness and Meditation

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Semester 2

- (2) EYI-140
- (2) EYI-220
- (2) EYI-230
- (2) EYI-210
- (2) EYI-240
- (2) ENG-340

FALL/SPRING

- Business Ethics in Yoga
- Anatomical Variations
- Teaching Methodology
- Energetics and Subtle Body
- Adaptive Yoga
- Workplace Communication
- (or) ENG-195 Written Communication ‡

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‡ Prerequisite required

The course plan above is a sample schedule only. Please work with your advisor to develop a customized plan.

All 9 courses can be taken in 2 semesters; all are 8-week courses. Advance Standing for RYT-200 allows entry at EYI-313.

Upon Graduation

- Students are able to register with the Yoga Alliance at the RYT-500 designation.



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