



## **DIETNT-166: Nutrition in the Life Cycle Coordinated Practice**

**Course Description:** The nutrient and nutritional counseling needs for normal growth and optimal health throughout the life cycle are explored. Students develop and implement teaching plans for the various age groups in the clinical experience.

**Total Credits:** 1.00

**Course Competencies:**

1. Adhere to program guidelines.
2. Interact in a professional manner with diverse patient population, other students, and the instructor and other health care professionals.
3. Assess the nutritional needs of WIC clients through completion of a nutritional assessment.
4. Develop an educational plan for the WIC client.
5. Participate in leading nutritional lesson plans with children, adults and seniors.
6. Demonstrate "Grocery Store Tour" techniques.
7. Assess the nutritional needs of geriatric clients through completion of a nutritional assessment and care plan.

**See next page for checklist to complete.**

## Credit for Prior Learning (CPL) Competency Checklist for Nutrition in the Life Cycle Coordinated Practice DIETNT 166

Please review the following competencies. Mark met or not met for each competency from which you have prior work experience.

| Competency  | Met | Not Met |
|---|-----|---------|
| <b>Adhere to program guidelines.</b><br>KNDT 1.3 Apply critical thinking skills.<br>KNDT 2.1 Demonstrate effective and professional oral and written communication skills sufficient for entry into technical practice.<br>CNDT 2.2 Use clear and effective oral and written communication.<br>CNDT 2.7 Participate in professional and community organizations.<br>CNDT 2.8 Demonstrate professional attributes in all areas of practice.<br>CNDT 2.9 Show cultural competence in interactions with clients, colleagues and staff.<br>CNDT 2.10 Perform self-assessment and develop goals for self-improvement throughout the program.   |     |         |
| <b>Interact in a professional manner with diverse patient population, other students, and the instructor and other health care professionals.</b><br>KNDT 2.1 Demonstrate effective and professional oral and written communication skills sufficient for entry into technical practice.<br>KNDT 2.2 Demonstrate effective interviewing and education methods for diverse individuals and groups.<br>KNDT 2.5 Demonstrate an understanding of cultural competence/sensitivity.<br>CNDT 2.2 Use clear and effective oral and written communication.<br>CNDT 2.4 Demonstrate active participation, teamwork and contributions in group settings.  |     |         |
| <b>Assess the nutritional needs of WIC clients through completion of a nutritional assessment.</b><br>KNDT 1.2 Use current information technologies to locate and apply evidence-based guidelines and protocols.<br>KNDT 1.3 Apply critical thinking skills.<br>CNDT 1.1 Access data, references, patient education materials, consumer and other information from credible sources.<br>KNDT 2.1 Demonstrate effective and professional oral and written communication skills sufficient for entry into technical practice.<br>KNDT 2.2 Demonstrate effective interviewing and education methods for diverse individuals and groups.<br>KNDT 2.4 Identify and describe the work of interprofessional teams and the roles of others with whom the nutrition and dietetics technician, registered collaborates in the delivery of food and nutrition services.<br>CNDT 2.2 Use clear and effective oral and written communication.<br>CNDT 2.8 Demonstrate professional attributes in all areas of practice.<br>CNDT 2.9 Show cultural competence in interactions with clients, colleagues and staff. |     |         |
| <b>Develop an educational plan for the WIC client.</b><br>KNDT 1.2 Use current information technologies to locate and apply evidence-based guidelines and protocols.<br>KNDT 1.3 Apply critical thinking skills.<br>CNDT 1.1 Access data, references, patient education materials, consumer and other information from credible sources.<br>CNDT 2.2 Use clear and effective oral and written communication.<br>CNDT 2.3 Prepare and deliver sound food and nutrition presentations to a target audience.<br>CNDT 2.4 Demonstrate active participation, teamwork and contributions in group settings.<br>CNDT 2.8 Demonstrate professional attributes in all areas of practice.   |     |         |

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| CNDT 3.5 Develop nutrition education materials for disease prevention and health improvement that are culturally and age appropriate and designed for the literacy level of the audience.   |  |  |
| <p><b>Participate in leading nutritional lesson plans with children, adults and seniors.</b></p> <p>KNDT 1.2 Use current information technologies to locate and apply evidence-based guidelines and protocols.</p> <p>KNDT 1.3 Apply critical thinking skills.</p> <p>CNDT 1.1 Access data, references, patient education materials, consumer and other information from credible sources.</p> <p>KNDT 2.1 Demonstrate effective and professional oral and written communication skills sufficient for entry into technical practice.</p> <p>CNDT 2.2 Use clear and effective oral and written communication.</p> <p>CNDT 2.3 Prepare and deliver sound food and nutrition presentations to a target audience.</p> <p>CNDT 2.4 Demonstrate active participation, teamwork and contributions in group settings.</p> <p>CNDT 2.8 Demonstrate professional attributes in all areas of practice.</p> <p>CNDT 2.9 Show cultural competence in interactions with clients, colleagues and staff.</p> <p>CNDT 2.10 Perform self-assessment and develop goals for self-improvement throughout the program.</p> <p>KNDT 3.2 Implement interventions to effect change and enhance wellness in diverse individuals and groups.</p> <p>KNDT 3.3 Present an educational session to a target population.</p> <p>CNDT 3.3 Provide nutrition and lifestyle education to well populations.</p> <p>CNDT 3.4 Promote health improvement, food safety, wellness and disease prevention for the general population.</p> <p>CNDT 3.5 Develop nutrition education materials for disease prevention and health improvement that are culturally and age appropriate and designed for the literacy level of the audience.</p> <p>CNDT 3.7 Modify recipes and menus for acceptability and affordability that accommodate the cultural diversity and health status of various populations, groups and individuals.</p> |  |  |
| <p><b>Demonstrate "Grocery Store Tour" techniques.</b></p> <p>KNDT 2.1 Demonstrate effective and professional oral and written communication skills sufficient for entry into technical practice.</p> <p>CNDT 2.2 Use clear and effective oral and written communication.</p> <p>CNDT 2.3 Prepare and deliver sound food and nutrition presentations to a target audience.</p> <p>CNDT 2.4 Demonstrate active participation, teamwork and contributions in group settings.</p> <p>CNDT 2.8 Demonstrate professional attributes in all areas of practice.</p> <p>CNDT 2.10 Perform self-assessment and develop goals for self-improvement throughout the program.</p> <p>KNDT 3.3 Present an educational session to a target population.</p> <p>CNDT 3.3 Provide nutrition and lifestyle education to well populations.</p> <p>CNDT 3.4 Promote health improvement, food safety, wellness and disease prevention for the general population.</p> <p>CNDT 3.5 Develop nutrition education materials for disease prevention and health improvement that are culturally and age appropriate and designed for the literacy level of the audience.</p>  |  |  |
| <p><b>Assess the nutritional needs of geriatric clients through completion of a nutritional assessment and care plan.</b></p> <p>KNDT 1.3 Apply critical thinking skills.</p> <p>KNDT 2.2 Demonstrate effective interviewing and education methods for diverse individuals and groups.</p> <p>CNDT 2.2 Use clear and effective oral and written communication.</p> <p>CNDT 2.8 Demonstrate professional attributes in all areas of practice.</p>  |  |  |