

Registered Nursing Health Requirements Checklist

All MATC Health Science students are required to complete and upload health requirements prior to petitioning for courses which contain a clinical component. MATC School of Health Sciences has partnered with CertifiedBackground.com to provide health record tracking for all MATC Health Sciences students. The cost of the health record tracking (\$35) is the responsibility of the student.

Use the steps below to complete the CertifiedBackground (CB) electronic health record tracking process.

1. Visit CertifiedBackground.com website: www.certifiedbackground.com
2. Click on Student
3. Enter the **package code MF28im** (package code is specific to the Registered Nursing program)
4. Follow the directions to setup your CB account

* The cost of the health examination and immunizations are your responsibility. You may be able to obtain health care services at your local Health Department or you may call 1-866-211-3380 for a list of clinics in your area.

* If a student is accepted into core technical courses via petitioning, he or she will receive instructions for completing a mandatory drug test. The cost for the drug test is an additional \$34 per a test.

TO DO:

- Acknowledgment of Essential Functions-Functional Abilities Form**
- Health Certification Requirements**
 - 1) **Certification of student's good health by a physician, physicians assistant or nurse practitioner.**
 - 2) **Immunizations**
 - a) MMR immunizations shots **1 and 2** **OR**
 - b) Rubella **AND** Rubeola titer (Lab results must be attached)
AND
 - c) Chicken pox - Proof of having had chicken pox or chicken pox immunization per authorized medical signatures **OR** Varicella titer (Lab results must be attached)
 - 3) **TB skin test, Step 1 and Step 2**
(2 negative TB skin tests within 30 days of each other)
 - a) Chest x-ray, only if TB skin test was positive
 - b) Quantiferon TB Gold blood test option
 - 4) **Tetanus Shot**
 - 5) **Hepatitis B Release Form** - Signed and verifying Hepatitis B status
 - 6) **CPR** – American Heart Association, Healthcare Provider (upload a copy of the card)
 - 7) **Health Sciences Handbook Acknowledgment Form**
 - 8) **Clinical/Field Placement Liability Release Form**

MILWAUKEE AREA TECHNICAL COLLEGE
School of Health Sciences
Essential Functions
for the
Associate Degree Nursing Program

The Americans with Disabilities Act (ADA) prohibits discrimination of persons with disabilities. In keeping with this law, MATC makes every effort to insure quality education for all students. It is our obligation to inform students of the essential functions necessary for this program and occupation.

Students requiring accommodation and/or special services to meet the essential functions of the program should contact the MATC Student Accommodation Services at any MATC campus.

The following physical, cognitive and environmental performance standards are encountered by students in this program.

ESSENTIAL FUNCTIONS

	Sometimes 1-30%	Frequently 31-75%	Always 76-100%
GROSS MOTOR SKILLS			
Move within confined spaces			X
Maintain balance in multiple positions		X	
Reach above shoulders (e.g., IV poles)			X
Reach out front			X
FINE MOTOR SKILLS			
Pick up objects with hands			X
Grasp small objects with hands (e.g., IV tubing, pencil)			X
Write with pen or pencil			X
Key/type (e.g., use of computer)			X
Pinch/pick or otherwise work with fingers (e.g., manipulate a syringe)			X
Twist (e.g., turn objects/knobs using hands)			X
Squeeze with finger (e.g., eye dropper)		X	

MILWAUKEE AREA TECHNICAL COLLEGE
School of Health Sciences
Essential Functions
for the
Associate Degree Nursing Program

	Sometimes 1-30%	Frequently 31-75%	Always 76-100%
PHYSICAL ENDURANCE			
Stand (e.g., at client side during surgical or therapeutic procedure)			X
Sustain repetitive movements (e.g., CPR)		X	
Maintain physical tolerance (e.g., work on your feet a minimum of 8 hours)			X
PHYSICAL STRENGTH			
Push and pull 50 pounds (e.g., position client, move equipment)		X	
Support 50 pounds of weight (e.g., ambulate client)		X	
Lift 50 pounds (e.g., pick up a child, transfer client, bend to lift an infant or child)		X	
Carry equipment/ supplies			X
Use upper body strength (e.g., perform CPR, physically restrain a client)		X	
Squeeze with hands (e.g., operate fire extinguisher)			X
MOBILITY			
Twist			X
Bend			X
Stoop/squat			X
Move quickly (e.g., response to an emergency)			X
Climb stairs			X
Walk			X
HEARING			
Hear normal speaking-level sounds (e.g., person-to-person report)			X

MILWAUKEE AREA TECHNICAL COLLEGE
School of Health Sciences
Essential Functions
for the
Associate Degree Nursing Program

	Sometimes 1-30%	Frequently 31-75%	Always 76-100%
Hear faint voices			X
Hear faint body sounds (e.g., blood pressure sounds, assess placement of tubes)			X
Hear in situations when not able to see lips (e.g., when masks are used)			X
Hear auditory alarms (e.g., monitors, fire alarms, call bells)			X
VISUAL			
See objects up to 20 inches away (e.g., information on computer screen, skin conditions)			X
See objects up to 20 feet away (e.g., client in room)			X
Use depth perception			X
Use peripheral vision			X
Distinguish color and color intensity (e.g., color codes on supplies, flushed skin/paleness)			X
TACTILE			
Feel vibrations (e.g., palpate pulses)			X
Detect temperature (e.g., skin, solutions)			X
Feel differences in surface characteristics (e.g., skin turgor, rashes)			X
Feel differences in sizes, shapes (e.g., palpate vein, identify body landmarks)			X
Detect environmental temperature			X
SMELLING			
Detect odors (e.g., foul smelling drainage, alcohol breath, smoke gasses or noxious smells)			X

MILWAUKEE AREA TECHNICAL COLLEGE
School of Health Sciences
Essential Functions
for the
Associate Degree Nursing Program

	Sometimes 1-30%	Frequently 31-75%	Always 76-100%
ENVIRONMENT			
Tolerate exposure to allergens (e.g., latex gloves, chemical substances)			X
Tolerate strong soaps			X
Tolerate strong odors			X
READING			
Read and understand written documents (e.g., flow sheets, charts, graphs)			X
Read digital displays			X
MATHEMATICS			
Comprehend and interpret graphic trends			X
Calibrate equipment			X
Convert numbers to and from metric, apothecaries', and American systems (e.g., dosages)		X	
Tell time			X
Measure time (e.g., count duration of contractions, CPR, etc.)			X
Count rates (e.g., drips/minute, pulse)			X
Read and interpret measurement marks (e.g., measurement tapes and scales)			X
Add, subtract, multiply, and/or divide whole numbers			X
Compute fractions and decimals (e.g., medication dosages)			X
Document numbers in records (e.g., charts, computerized data bases)			X

MILWAUKEE AREA TECHNICAL COLLEGE
School of Health Sciences
Essential Functions
for the
Associate Degree Nursing Program

	Sometimes 1-30%	Frequently 31-75%	Always 76-100%
EMOTIONAL STABILITY			
Establish professional relationships			X
Provide client with emotional support			X
Adapt to changing environment/stress			X
Deal with the unexpected (e.g., client condition, crisis)			X
Focus attention on task			X
Cope with own emotions			X
Perform multiple responsibilities concurrently			X
Cope with strong emotions in others (e.g., grief)			X
ANALYTICAL THINKING			
Transfer knowledge from one situation to another			X
Process and interpret information from multiple sources			X
Analyze and interpret abstract and concrete data			X
Evaluate outcomes			X
Problem solve			X
Prioritize tasks			X
Use long-term memory			X
Use short-term memory			X
CRITICAL THINKING			
Identify cause-effect relationships			X
Plan/control activities for others			X
Synthesize knowledge and skills			X
Sequence information			X
Make decisions independently			X

MILWAUKEE AREA TECHNICAL COLLEGE
School of Health Sciences
Essential Functions
for the
Associate Degree Nursing Program

	Sometimes 1-30%	Frequently 31-75%	Always 76-100%
Adapt decisions based on new information			X
INTERPERSONAL SKILLS			
Establish rapport with individuals, families and groups			X
Respect/value cultural differences in others			X
Negotiate interpersonal conflict			X
COMMUNICATION SKILLS			
Teach (e.g., client/family about health care)			X
Influence people			X
Direct/manage/ delegate activities of others			X
Speak English			X
Write English			X
Listen/comprehend spoken/written word			X
Collaborate with others (e.g., health care workers, peers)			X
Manage information			X

If you have any questions or wish to discuss further the essential functions required of this program, please call the Health Occupations Division Office at 414-297-6263.

MILWAUKEE AREA TECHNICAL COLLEGE
School of Health Sciences
Essential Functions
for the
Associate Degree Nursing Program

_____ I have read and I understand the essential functions for this program.

_____ I have the ability to meet the essential functions as specified.

(Print Name of Program)

(Signed) (Date)

The Americans with Disabilities Act (ADA) prohibits discrimination of persons with disabilities. In keeping with this law, MATC makes every effort to insure quality education for all students. It is our obligation to inform students of the essential functions necessary for this program and occupation.

Students requiring accommodation or special services to meet the essential functions of the program should contact the MATC Student Accommodation Services at any MATC campus.

_____ I require the following accommodations to meet the essential functions as specified and I have provided supporting documentation from my health care provider to the MATC Student Accommodation Services.

(Signed) (Date)

MILWAUKEE AREA TECHNICAL COLLEGE
School of Health Sciences
Essential Functions
for the
Associate Degree Nursing Program

MILWAUKEE AREA TECHNICAL COLLEGE
School of Health Sciences
Essential Functions
for the
Associate Degree Nursing Program